

Working From Home: Proposal

Theme

Privacy and Productivity in the Home

Topic Description

The topic is understanding how office workers are ensuring work-life balance during the COVID-19 quarantine. They are working-from-home because of this quarantine.

Passion

This domain is topical: with the current situation surrounding COVID-19, more people are adapting to working from home and balancing work activities with personal ones. Most of our group members have experienced this topic in the past. We understand the associated challenges and importance of maintaining a work-life balance during this time.

Impact

Since the start of the quarantine in March 2020, many employers have sent their employees home to work. The abruptness of this shift in the workplace environment, from office to home, has led to many challenges for achieving work-life balance. Investigating the effects of shifting to working from home—during the pandemic—will allow us to better understand and address the problems that office workers face. Early generative research questions would include:

- How are office workers separating their work from their personal lives?
- What tools or equipment are office workers using to optimize their time when working from home?
- What are the challenges of working from home?
- What are the differences between working on-site and working from home?
- How has office workers' productivity been affected as a result of working from home?
- Do users feel like there is an imbalance? What makes them feel that way? What do they do about it?

Access

We will recruit participants from our networks such as current workplaces and social acquaintances. Our aim is to recruit 12 people to meet the recommended sample when seeking qualitative data. No compensation will be provided.