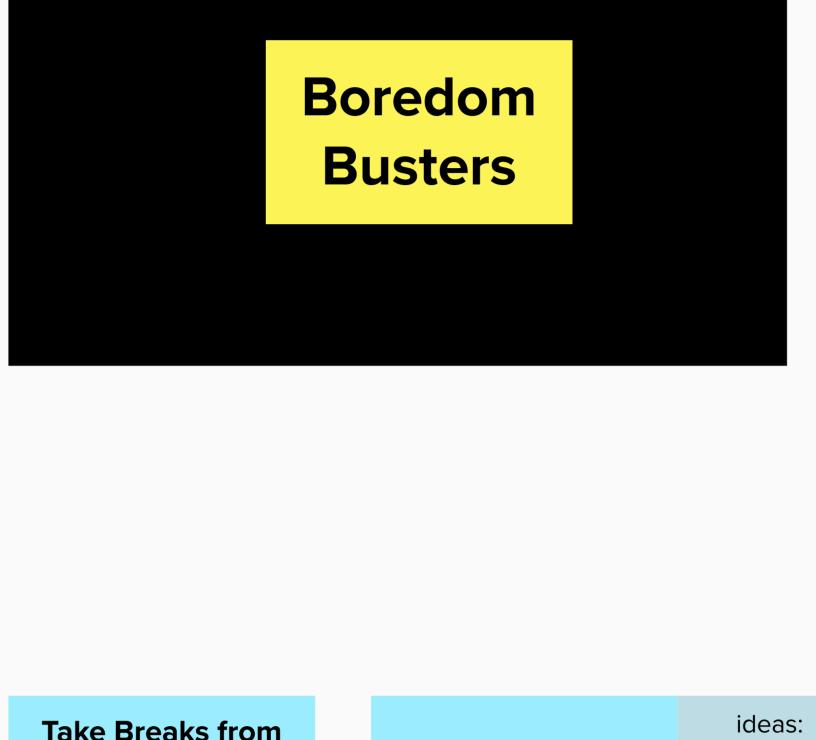




At nner d)		Sta	Stay Active! (PDF)		List of things to to stay active	do	Read (CID Australia)	Look after your mental health
ng Minds Activity Guide (PDF)				8 Things T Us H (SC				
Bell Let's Talk Week (PDF)			eek	Also in "Mental Wellness	I			



Screen Time (link to colouring pages)	Have Fun! (PDF)	co sir dand
From the Stands: Episodes (FB)		
iternational Dance Day Party (FB)		

Take Photos
(Non-link)Prompt for
positivity by
taking
photos.

	on social m	ommunity nedia on	website				
Sharing	Share Photos on Social Media (non-link)	Share Your Favourite Dancing Song (non-link)	Share your Workout Routine (Stay Active)	Create Posts About Staying Active (non-link)			
Communicating	Connect on Facebook (non-link)	Online Video Chat with your Team (Google)	Let's Chat (form)	<i>Touch Base with Teammates (IMG)</i>	' h Stay	Connected! (PDF)	SOC Web Reporting ting Tool (SOC)
	Connect on Facebook! (Non-link)	Ways to connect and embrace positivity vibes (actualy links?)	External/Social Media	Stay Connected! (PDF)	Different ways for connecting (ideas)		
Athletes	Young Athletes (category page)						